



**Food**

- Eat local near the bus station or on the market
- Casa Rossa for homemade pasta & ice cream
- African Heritage for (iced) coffee and lunch
- MaiPai for coffee and delicious cake
- Dominos for bbq and pizza while watching football
- University Common Rooms for lunch (at 12noon)
- Kucha We on top for great views
- Takeaway opposite Zomba police station

**Sights**

- KAR 1<sup>st</sup> world war memorial
- Historical buildings:
  - Hotel Masongola (1886)
  - Old Parliament Building
  - Former Government Press
- Gymkhana Cub
- Botanical Gardens
- Walk around the university

**Shopping**

- Market in town with fresh veg
- Mountain fruits on the plateau
- Shoprite opposite bus station
- People's Metro
- Curio market near Standard Bank
- DAPP for second hand clothes
- One Stop pharmacy
- Fabrics at Imran's or Mapeto

**Sports**

- Horse riding on the plateau
- Cycling (MTB) around town or on top
- Golf, tennis and squash at Gymkhana
- Viva gym (masseur after 4:30PM)
- Swim at Sir Harry's or Splendor
- Hike on the mountain
- Run the Mulunguzi – Old Naisi loop
- Walk the upper road to Casa Rossa

**Other**

- Chikala pillars
- Ntonya Mountain
- Lake Chilwa
- Post Office Museum
- Liwonde safari park (1hr)
- Blantyre (1,5hrs)
- Mulanje Mountains (2hrs)
- Tea plantations (2hrs)

# PLEASE LEAVE THIS MAP AT PAKACHERE FOR OTHERS TO USE

## SHORT HISTORY OF ZOMBA

The English settled in Zomba at the end of the 19<sup>th</sup> century because of the mild climate and to stop the slave trade. Sir Harry Johnston was the 1<sup>st</sup> governor of the Central African Protectorate (CAP). He lived and worked in what is now Hotel Masongola (1886). Zomba was once the hub for expats in the country and they would meet at The Gymkhana Cub (1923).

The 1<sup>st</sup> hospital was built in 1895 by Dr Poole and Zomba was also the home of the 1<sup>st</sup> post office. Mailmen ran in pairs from Zomba to Blantyre and halfway they met 2 mailmen who ran from Blantyre to exchange mail. There is a funny, very small, museum where the swapping point used to be.

The KAR monument on the way to Blantyre honours the Malayan soldiers who fell in World War 1. It is close to Malawi's biggest prison, and the Central Hospital.

In 1974 Kamuzu Banda decided to move the capital to Lilongwe in the central area, because it was not convenient to have the capital in the south. To make up for the loss, the town was granted to be the location for the University of Malawi. (Chancellor College) The parliament stayed in Zomba until 1994 and the former buildings are now partly empty and other parts are the current magistrate's court.

## TRANSPORT

To the mountain: hike up (2 hours), motorbike (K 1,500-2,000) or taxi (K 6,000). Ask to be dropped at Trout Farm where the nature trail alongside the river starts or at Kuchawe Inn if you want to check out the curio stalls and the 3D model of the mountain.

Within Zomba you should never have to pay than K 2,000 (maybe a bit more at night)

To Blantyre: get a minibus from the bus depot, on the side of the road or at the 2<sup>nd</sup> Total (opposite Steers). The 1<sup>st</sup> Total station is a good place to try to get a shared taxi (K1,500-2,000)

To Mulanje: get a minibus to Limbe (see Blantyre above) and change there to a minibus to Mulanje.

To Liwonde: Walk down the road and on the M3 towards Liwonde/Lilongwe you find a bus stop. (K 1,000-2,000)

To Cape Maclear: Minibus from the bus depot to Mangochi (K 3,500), there shared taxi to Monkey Bay (K 1,500-2,000) and in Monkey Bay a motorbike to Cape Maclear (K 1,500-2,000)

To Lilongwe: The SMART bus goes every day at 6:30AM from the bus depot (K 6,500). Don't be late! Or take a big coach from Blantyre. Kwezy is the best, Sososo is okay and AXA has the most departure times. The coaches go from Blantyre to Mzuzu.

To Nkhata Bay or Likoma Island: Take the Ilala from Monkey Bay at 8AM on a Friday morning. Takes 1 - 1,5 days; huts are affordable, food is good and drinks are cold!

***We work with Austin, a (very!) affordable and reliable team of taxi drivers. Our staff can call him for you; prices can be found on the board upstairs or at the bar.***

## OUR FAVOURITE DAY

We get up and start the day with a half pot coffee and a fruit pancake or omelette with cheese in the garden. Afterwards we go up the mountain for a hike to the waterfalls where we cool down in the water and then carry on to the viewpoints (total 3 to 4 hours). On our way back down, we would buy some fruits and stop at Casa Rossa\* to enjoy the views and for an Italian pasta with ice cream for dessert. We would walk down after lunch and visit the market, buy some chitenje and buy some souvenirs at the curio stalls. At night we would have a little snack and chill at Paka. If we still have energy, we would book the traditional dance workshop (needs to be booked at least 24hrs in advance). Sometimes we might end up at Vogue, a small club in Matawale with decent music and a friendly atmosphere or there might be an event at Paka.

The next day we walk via the historical buildings and botanical gardens on the upper road to Splendor Hotel to read a book on the poolside. Late afternoon we go to Dominos to have some snacks and watch the Premier League or do a paint workshop in the garden. Or do nothing at all and relax in the garden or on the big lounge bed on the 1<sup>st</sup> floor.